READING LIST FOR GUATEMALA

Enhance your experience by learning more about Guatemala

Books:

I Riboberta Menchu (An Indian Woman in Guatemala). Rigoberta Menchu, 1984. Autobiography of the 1992 Nobel Peace Prize laureate. Testimony style story of the indigenous people of Guatemala.

Popol Vuh. (One suggestion is the edition by Dennis Tedlock, 1986 although any version will do really). It contains the mayan legends of god and man. Includes creation with man being made of *maíz* (corn).

Lost Cities of the Maya. Claude Baudez, 1992. A small guide to Maya archeology, photos, explanation of Maya math, etc.

Any Reputable Travel Guide: Lonely Planet, Eyewitness, Fodor, et al. They usually all have a good cultural review, tell you things to look for or avoid and add interesting cultural highlights.

*Hombres de maíz* (Men of Maize). Miguel Angel Asturias, 1949. A novel with the topic of the conflict between men who consider corn sacred and those who exploit it commercially, along with the impact of big companies on culture and customs.

Movies:

When the Mountains Tremble—the story of Rigoberta Menchu.

Apocalypto—Mel Gibson’s flick

There are a number of documentaries on the Mayan ruins to be found at libraries, video stores as well.